

Compassionate care : LGBTQIA+ Context

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16TH October 2024



Overview of the study: Nursing students caring practices in caring for LGBTQIA+ individuals in a private hospital setting



Research question



What are nursing students' caring practices in caring for LGBTQIA+ individuals?



Objectives



- Explore and describe nursing students' caring practices in caring for LGBTQIA+ individuals in a private hospital setting.
- Develop and provide recommendations for inclusive nursing practices whilst caring for LGBTQIA+ individuals in a private hospital setting.



Sampling/Sample



- Undergraduate nursing students
- Purposive sampling method
- 16 Nursing students



Data Collection / Data analysis



- Individual semi-structured interviews
- Feb 2023 – July 2023
- Thematic analysis



Findings



3 Themes

8 Categories.

1- Participants expression of caring moments

2- Participants expression of deficient caring practices.

3- Participants expression of their preparedness

Health Disparities faced by LGBTQIA+

Physical Health Issues

Higher Rates of Mental Health Issues

Barriers to Care

Limited access to gender affirming care





Critical Principles of Watson's Theory of Human Caring

Caring as a moral ideal:
Watson's theory emphasises
the ethical and compassionate
nature of caring, focused on
respect for human dignity.

Human-to-human connection:
Building authentic, empathetic
relationships is central to
providing compassionate care.

Holistic care: Understanding
patients' physical, emotional,
spiritual, and social needs.



Applying Best Practices | Recommendations for compassionate, inclusive nursing practice LGBTQIA+ context



Inclusive, affirming Communication:

- Avoid Assumptions
- Ask for Pronouns

(Garcia & Nguyen, 2020; Lambda Legal, 2019).



Culturally Competent Care:

- Knowledge of LGBTQIA+ culture and identities
- Skills training
- Attitudinal changes

(Jones et al., 2020; The Fenway Institute, 2015).



Intersectionality Awareness



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Creating Safe Spaces/Welcoming environments

(OUT LGBT Well-being, 2016; Triangle Project, 2018).



Inclusive Policies

(American Nurses Association, 2015).



Support systems

(Triangle Project, 2018)



Respecting privacy and confidentiality

(OUT LGBT Well-being, 2016)



Continuous Improvement Through Compassionate Action



Addressing Implicit Bias:

Engaging in self-reflection to mitigate biases ensures equitable, compassionate care (Suen et al., 2020).



Ongoing Education and Feedback:

Continuous education on LGBTQIA+ health issues and gathering patient feedback are essential for improving care quality (Baldwin et al., 2017; Health4Men, 2018).



Aware

Acknowledge

*...what if we are the ones in the wrong... what if the LGBTQIA+ discriminated against heterosexuals... how would we feel then?
(Participant 8,22 years old, 3rd year nursing student)*

Attend

Advocacy



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Thank you

